

# Rock Your Socks on March 21<sup>st</sup> in celebration of World Down Syndrome Day!

Join millions of people around the world on March 21<sup>st</sup> to help us raise awareness for  
**Down Syndrome!**

Wear your **LOUDEST, CRAZIEST** and most **FUN** pair of **MATCHED** or **MISMATCHED** socks as a symbolic show of support for those living with Down Syndrome and in Celebration of **WORLD DOWN SYNDROME DAY!**

**Why Socks?** The point of wearing the socks is to remind people that “Things that are different are still beautiful and wonderful!”

The silly socks are a fun conversation starter! People will ask “why are you wearing those socks?” and you can explain that they’re symbolic. People with Down Syndrome also may not be “typical”, but they’re still awesome. “It will bring awareness and acceptance!”

Down Syndrome, also referred to as Trisomy 21, is a genetic condition that affects approximately 1 in 800 of every birth in Canada. A person with Down Syndrome has three (3) copies of the 21<sup>st</sup> chromosome instead of two (2). The effects of this extra ‘genetic material’ vary from person to person but can include mild to moderate developmental delays, the potential for heart defects, issues with the stomach and bowel. The prevalence and severity of associated attributes varies per person.



Reach out to DSAP ([info@dsap.ca](mailto:info@dsap.ca)) and order your “DSAP WSDS EVENT KIT” today for your school and tell your teachers, classmates, friends, family, peers, co-workers, **EVERYONE** about it and get them to join in too! The Kit comes with everything you need to celebrate World Down Syndrome Day in your school or classroom.